



It has been a busy couple of months for Love Solihull, working with local business, helping them to fulfil their corporate social responsibilities...

#WhatsMyImpact

The town centre finance company BNP Paribas PF UK, have recently carried out 2 days of volunteering in Malvern & Brueton Park. This picture shows the moment some of their colleagues braved the elements to clear the pond in Brueton LNR.



Jayne Licari gave great feedback, *'Well they said it would be fun....and it was albeit rather mucky! With great teamwork we had a productive day, laughed lots and made a positive impact on our local park.'*



The 2nd day saw their operations team braving the cold to use their #WhatsMyImpact volunteering day to make an impact by clearing part of the wildflower garden in Malvern Park. They all agreed it was a great teambuilding way to give back and a perfect opportunity to de-stress on National Stress Awareness Day.

#AYDayofGiving

1,003 volunteers across Avison Young's UK offices participated in volunteering activities to give back to their local communities.

On 24th October, Avison Young's UK offices participated in a full day of volunteering activities. The initiative was part of the firm's sixth annual global Day of Giving.



24 staff from their Birmingham office took part in a conservation project in Millisons Wood Local Nature Reserve. The tasks involved managing the woodland through the traditional methods of hazel coppicing with hand tools.

Park View Day Care Centre give thanks to OFWAT



Supported by the Love Solihull team members of the finance team at OFWAT, including an ex member of staff Lucy Lee spent the day volunteering at Park View Day Centre making a real difference to the outside garden area. The day care centre is for adults with learning disabilities

Tasks for the day included: weeding and cutting back of the areas around the centre, digging over beds, and laying down bark chip.

The centre provides residents with both relaxation and learning, as many of the service users enjoy taking part in gardening activities. The garden also provides a vital space where users can calmly sit with support staff away from the main centre.

Range Rovers verses Wheelbarrows

Jaguar Land Rover employees swap Range Rovers for wheelbarrows to support communities in Solihull.

Eleven employees from Solihull JLR spent time in their neighbouring Elmdon Park making a positive impact. The group worked hard coppicing around the lake and overflow pond, to improve the habitat and biodiversity for the plants and wildlife.



Love Solihull give support to Greswold School

The Love Solihull Team has just taken part in a Corporate Social Responsibility day of their own with Greswold School. We spent the day making three outdoor play houses by using old pallets and up-cycling them, for the children to use and enjoy. The team is always looking for opportunities to work with local

people, schools, community groups, and businesses to make a difference. Please contact us if you come across any such opportunities lovesolihull@solihull.gov.uk.



In other news.....

Trees are vital, as the biggest plants on the planet, they give us oxygen, store carbon, stabilise the soil and give life to the world's wildlife, so join us in our community tree-planting day.

Community Tree Planting Day

We will be planting a variety of fruit trees to form a new orchard in Malvern Park and we would love for you to join us.

When: Wednesday 27 November

Time: 11am – 1pm

Where: Malvern Park
(next to the tennis courts)

Please wear sensible footwear and bring your own gloves. Equipment will be provided by Love Solihull.

Drinks and cakes will be available for volunteers afterwards at voco® St John's Solihull.



VOCO
AN IHG® HOTEL





On your marks, get set, run

Solihull has a new venue for parkruns. These free, weekly, 5km timed runs are now taking place at Babb's Mill Local Nature Reserve as well as Brueton Park. At the first parkrun in August, more than 600 people, including 130 first timers, crossed the finish line.

The Communications Team's graphic designer, Andy Blenkinsop, was one of them. "I've done over 20 parkruns now. It is cool to see hundreds of people running together. Everyone runs at

their own pace but it makes it easier having someone ahead to aim for."

Cllr Karen Grinsell, Cabinet Member for Adult Social Care and Health, and Chair of the Solihull Health and Wellbeing Board, says, "I am delighted that Solihull now has two venues for parkruns. These events bring together people of all ages and levels of fitness. They offer health and wellbeing benefits to the people involved and are a great opportunity to get into volunteering. They can help people to lose weight, control diabetes, and reduce anxiety or depression as well as developing strong friendships. We hope the Babbs Mill parkrun will be an excellent addition to the area."

Andy Lucas, Event Director at Brueton parkrun, says: "Everyone does the parkrun at their own pace, whether that's walking, jogging, or running and you'll never finish last because there's an official volunteer, called a tail walker, at the back of the group!"

Solihull parkruns take place on Saturday mornings starting at 9am and are open to everyone. Visit www.parkrun.org.uk to find out more information on each park.

Walk Leader Training



Solihull Active are looking for new volunteers, if you like to walk and can regularly attend sessions, you could help existing volunteers to lead walks across the borough. The role is not too demanding, but you could have a lot of fun getting out and meeting new people. The training sessions are being held at Elmdon Rectory, 86 Tanhouse Farm Road, Solihull, B92 9EY

Thursday 14th November 2019 10am-3pm (Lunch Provided)

Thursday 13th February 2020 10am-3pm (Lunch Provided)

If you would like further information about walk leader training or would like to book onto a course please contact:- Les Nash, Solihull Active Coordinator either on e-mail Les.Nash@solihull.gov.uk or telephone 07796498006

Finally, before you go... If you are looking for something to do now the summer holidays are over, why not join in with a local litter pick.

Friends of Shirley Park Litter Pickers

This monthly session takes place on the first Saturday of each month. Meet by the War Memorial, Asda side of the park at 2.30pm. For more information, visit the Friends of Shirley Park Community Group Facebook page [Friends of Shirley Park Community Group](#).

Balsall Common Residents Association Litter Pickers

This monthly session takes place on the second Saturday of each month. Meet at Balsall Common Library, at 10am. For more information, email lovesolihull@solihull.gov.uk.

Kingshurst Literary Litter Pickers

This monthly session takes place on the last Saturday of each month. Meet at Kingshurst Library at 10:30am. For more information, visit their web site, [Kingshurst Literary Litter Pickers](#).

Chelmsley Wood Literary Litter Pickers

This monthly session takes place on the 2nd Saturday of each month. Meet at CAB - 176 Bosworth Drive Chelmsley Wood Birmingham B37 5DZ. 10:00am – 12:00am

Friends of Jacey Park Litter pick

Meet by Northbrook Road car park
Saturday 9 November
10am – 11am

Join the Friends of Jacey Park at a litter pick in the park. Sessions are held on the second Saturday of each month – equipment and bin bags are provided. For more information, contact lovesolihull@solihull.gov.uk

Olton and Hobs Moat Library Literary Litter Pickers

Meet at Olton Library
Saturday 9 November
10.30 – 11.30am

Meet at Hobs Moat Library
Tuesday 12 November
10am – 11am

Talking Rubbish in Solihull was created to promote a litter-free borough through positive action. Monthly litter picks are currently taking part in Olton and Hobs Moat, so volunteers can help to litter pick the local area for an hour before returning to the library for tea or coffee and biscuits. All equipment and bags are provided and a full briefing given. For more information contact talkingrubbish@outlook.com

There are lots more litter picking events happening across the borough to find one local to you, visit Solihull Council's website by clicking [here](#).

Thank you for connecting with Love Solihull.

Love Solihull actively encourages residents and businesses to make a difference to the environment and support those who co-ordinate their own projects.

Email alerts will be sent out throughout the year giving information on environmental projects including what is happening in your area and how you can get involved.

More information can be found at www.lovesolihull.org

For more information about Council services, please see our [website](#).



